

# TIDINGS



**July 2023 - Outreach Ministries Edition**  
Newsletter of St. Timothy's Episcopal Church Danville, CA



## CIAO!

**UPDATE ON FOTH 2023** – We're deep into planning now with deadlines all around us. You are coming to Italy in the Parish Hall. This event is returning to the way we used to celebrate our fundraiser before Covid, with a big party, catered dinner, fun events, special speaker, Fund-A-Need, and some surprises. The date is Saturday, September 9<sup>th</sup>, from 4 to 7:30.

**KICK OFF IS Sunday, JULY 30<sup>th</sup>** – That is 6 weeks before the event.

**HELP STUFF INVITATIONS ON JULY 23<sup>rd</sup> after the Sunday service** – We'll work in the parish hall after coffee hour. Join us in a fun project which goes fast if we have many hands helping. This is a job for older youth and adults as it requires coordination to adhere a band of paper to the invitation. We are using invitations that were purchased for FOTH 2020 which got changed to virtual due to Covid. Why waste a perfectly good invitation when we can refurbish it by sticking a new band of paper with this year's information. No, it's not tacky. They were expensive.

**THE FOTH WEBSITE IS UNDER CONSTRUCTION** – **It should go live about July 30 and contains:**

- **All details about the event, including the catered menu, and the Restaurant Event signup**
- **Descriptions of volunteer jobs, gift card & wine donations, how to sign up with Sign Up Genius and when to bring in items. Sign up to volunteer and help make this a success. It's a great way for newcomers and all to get to know each other.**
- **How to buy event tickets and make \$\$ donations with a credit card online and receive a receipt**
- **Our list of beneficiaries that will receive grants to do their work**
- **History of the Fruits of the Harvest, the themes, the beneficiaries, and net results**

## **KEY VOLUNTEERS NEEDED –**

- Bar Managers - this could be done by a couple, or friends who can work together to share the job. We are also hiring a professional certified RBS (responsible bar server) bartender. A certification is now required. The bar manager handles the purchasing, setup, selling, and take down and oversees the volunteers for the night. Contact Leslie F. for more info about this very important job to make the event a success.  
[foth@sttimothysdanville.org](mailto:foth@sttimothysdanville.org).

**CHILDCARE AVAILABLE –** Parent manager needed to oversee Childcare for the event. Childcare person has been hired.

**GIFT CARDS –** Manager needed to oversee the raffle of gift cards for the event

**WHY ARE WE DOING THIS? –** *We are all in this together. We support the work that is done by all the Outreach Ministries because it is what we are called to do.*

What we gather at FOTH from your generosity allows us to give grants to 13 organizations who do an incredible job of bettering people's lives. We also actively volunteer for God's Hand's projects (short term projects where busy people can donate or become involved) such as collecting backpacks/school supplies, food, clothing, sheltering homeless in the parish hall, doing meal packing, and many other projects. This is how we give back to those in need. Over the past 25 years of the Fruits of the Harvest, we have netted over \$845,000 and have given out much more with the addition of a church budget allotment and rollover funds.

The people who are helped by these organizations can lead a better life with dignity and self-sufficiency and it helps break the cycle of poverty.

Our ministries have reported that demand for their services has continued to increase greatly during these tougher economic times. Before Covid, Loaves and Fishes served 685 meals per day. Now they are serving 2,100 per day. While our brothers and sisters are in greater need, donations have gone down. They all need our help.

***“Alone we can do so little, together we can do so much.” – Helen Keller***

**Come join us for FOTH 2023, a party with a purpose to help better our neighbor's lives.**

On July 30<sup>th</sup>, check out the big red, white and green rolling FOTH bulletin board outside the entrance of the church on Sundays after services starting July 30<sup>th</sup>. You can get information, or more invitations there.

Contact [foth@sainttimothysdanville.org](mailto:foth@sainttimothysdanville.org) if you have questions.



**ARRIVEDERCI!**

# SHELTERS & SERVICES

## HABITAT FOR HUMANITY



Habitat for Humanity builds homes for families who otherwise would not be able to have a healthy, affordable place to call home. The Habitat website says it best – “We believe in a world where everyone has a decent place to live. By building and improving homes we create strong and stable communities”.

St. Timothy’s has been helping with Habitat builds in the East Bay at least since 2004. We are helping with the current build at Esperanza (Spanish for hope) Place next to the Pleasant Hill BART station at 1250 Las Juntas Way, Walnut Creek. The first 23 of the planned 42 homes on this site are well on the way. Watch Announcements for an opportunity to help with others at St. Timothy’s.

<https://www.habitatebsv.org/>  
Liaison: David Kutrosky



## HOPE SOLUTIONS

Hope Solutions provides critical services to over 2,200 clients across Contra Costa County, including providing permanent supportive housing to over 1,600 people. Their mission statement is to heal the effects of poverty and homelessness by providing permanent housing solutions and vital support services to highly vulnerable families and individuals. They’re working to heal the multi-generational impact of poverty, multi racism, trauma substance use, mental health issues, and inadequate access to healthcare. They provide strong programs for youth success in school.



St. Timothy’s supports their backpack/school supplies program for their afterschool programs in four locations.

<https://www.hopesolutions.org/>  
Liaison: Leslie Firth

## SHELTERS & SERVICES (CONT.)

### SHELTER, INC.



SHELTER, Inc. rebuilds lives one family at a time, by helping them re-establish a home, and assisting with the skills and resources needed to live the life they deserve.

Wrap-around services are essential components of long-lasting solutions. Affordability is only one factor that results in someone becoming homeless. Education, training, counseling and goal planning are vital to the success of regaining and maintaining a home.



Shelter Inc programs include eviction prevention, COVID rental assistance, interim and long-term housing, property management and veterans' programs.

<https://shelterinc.org/>

Liaison: Alison Hill

## HUNGER PREVENTION & SERVICES

### LOAVES & FISHES OF CONTRA COSTA

Since 1983, Loaves and Fishes has served more than 5.8 million free, hot and nutritious meals, 210 tons of groceries, and 251,000 meals a year out of 5 dining rooms and a mobile van to those in need. They were named **Nonprofit of the Year 2023**. Their mission is to provide community-based food programs and partner services that focus on basic needs. They nourish lives! Food is prepared in two off site kitchens.



L & F uses Covid protocols to serve food in to-go containers and bags of groceries and will go to a pilot hybrid program to begin serving in dining rooms and containers. They offer a 12-week free culinary program that teaches basic culinary skills and earns them a Safety and Sanitation license to qualify for a starting position within the culinary industry.



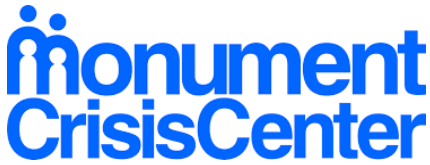
Demand for food has increased while donations have dropped, which has put L & F in a difficult position. Before Covid they were serving about 685 meals per day...now they are serving about 2,100. They need donations to help with the important work of feeding the hungry.

<https://loavesfishescc.org/>

Liaison: Leslie Firth

# HUNGER PREVENTION & SERVICES (CONT.)

## MONUMENT CRISIS CENTER



Since 2003, Monument Crisis Center has provided food and resources to the people from all over Contra Costa County in Concord. In addition to helping feed 2200 families (over 8000 people) every month, they have a variety of programs to help their clients with resources and referrals to other area agencies, youth programs for tutoring, mentoring and fun and special services to seniors. They accomplish their mission through a dedicated staff, a large, committed network of volunteers and support organizations and financial and food donations from the government and supporters.



St. Timothy's is proud to have been an active supporter for Monument Crisis Center since they were founded. In addition to our financial support, we hold our Christmas Food Box drive every November and take donated groceries and fresh fruit, herbs and vegetables (Gary Hunt

Project) to the center weekly.

<https://www.monumentcrisiscenter.org/>

Liaison: Sally Shea Potts

## TRINITY CENTER

Trinity Center is located in St. Paul's Commons in Walnut Creek – next to St. Paul's Episcopal Church. It provides essential safety net services and a pathway forward for vulnerable populations. They advocate for those who are seeking housing financial stability, and wellness. Their services include 2 meals a day five days a week, showers, laundry, clothing, mail and telephone, case management and referrals and support groups.



<http://www.trinitycenterwc.org>

Liaison: Steve Mason

# RECOVERY SERVICES

## OPTIONS RECOVERY SERVICES



Options Recovery Services provides healing for “the least of the least - the poor, the addicted, the mentally ill, and criminals - with supportive housing and treatment centers in San Leandro, Berkeley, West Oakland, Concord and soon Richmond. Options provides state of the art treatment, with 64% of its clients benefiting from the program (the next highest in the state is 34%). Options has special housing for mothers with children, and for the men coming out of the Offender Mentor Certification Program.

“The 50 (<https://www.the50film.com/>) is a documentary that asks how a group so underestimated became agents of radical change and the first men to become California certified counselors while inmates of that same state’s prison system. We step alongside these men in an exploration of trauma, redemption, and the humanity of their stories.

<https://optionsrecoveryservices.com/>  
Liaison: Peg Miller, Patti Farris

# MENTAL HEALTH COUNSELING

## DISCOVERY COUNSELING CENTER

Discovery Counseling Center is a community based non-profit organization serving the San Ramon Valley for over 50 years. Discovery Counseling Center’s mission is to be the community’s leader in mental wellness by:

- Providing affordable, high quality, culturally appropriate and accessible counseling services and programs;
- Offering training for future mental health professionals;
- Creating awareness of the prevalence of mental wellness issues in our community and the importance of early treatment; Serving as the community’s advocate for adequate funding and resources for the treatment of mental wellness issues.



<https://www.discoveryctr.net/>  
Liaison: Nancy Lucas

# MENTAL HEALTH COUNSELING (CONT.)

## THE COMFORT CUB

The Comfort Cub was created by a grieving mother to be a specifically-weighted therapeutic teddy bear bringing comfort for those experiencing great stress and/or a broken heart caused by grief or trauma. The recipients include parents and siblings that have lost a family member, victims of abuse, aging adults challenged with dementia as well as children & adults with special needs.



The Comfort Cub is greatly appreciated by the non-profits supported by St. Timothy's Outreach. Comfort Cubs are medically-recognized and used throughout the country as a proven therapy tool providing comfort to those in need. This year, The Comfort Cub program sponsored by a grant from St. Timothy's Outreach provided Cubs to homeless children during Warm Winter Nights at St. Timothy's Church and to the non-profit Hope Solutions year-round reading program and summer camp providing services to homeless and low-income families with children.



<https://www.thecomfortcub.org>

Liaison: Nancy Lucas

## SUPPORT MINISTRIES

### CONTRA COSTA INTERFAITH COALITION



St. Timothy's became involved with CCIC last year when Tania joined their board. You may have seen posters and announcements asking for gently used furniture, kitchen utensils, and linens on an ongoing basis.

Case workers from over 20 Contra Costa County social service agencies provide a Needs List for their clients that is then filled by CCIC volunteers. Most items on the list are sourced through donations but financial support is needed to purchase mattresses, blankets and food cards.

CCIC's mission is to help those in need, and by extension it keeps usable items from going into the landfill. In addition, volunteers sourcing donations often meet people at stressful times as they are moving or liquidating a loved one's estate. Picking up those donations and having them go to good use is another wonderful result. Volunteers are needed, especially drivers (each week drivers are asked if/when they are available).

<http://www.ccichope.org/>

Liaison: Tania Hansen De Young

## SUPPORT MINISTRIES (CONT.)

### **PFLAG**



PFLAG (Parents, Friends and Friends of LGBTQ+ Individuals) is an organization working to create a caring, just, and affirming world for LGBTQ+ people. We support families, educate allies, and advocate for equality through our network of supporters, members, and chapters across the

country. PFLAG provides peer-to-peer support, educating people on the issues, and advocating for inclusive policies and laws.

<https://www.srvpflag.org/>

Liaison: Steve Mason

### **RESPITE INN**

The Respite Inn, located in Concord, is a unique service providing out-of-home respite and emergency services to adults with developmental disabilities since 1990.

The Respite Inn was designed around a bed and breakfast model.



It provides families with needed time away from the constant care of an adult family member who has a developmental disability, thus strengthening family bonds. The Respite Inn also provides an opportunity for individuals who have a developmental disability to explore life away from home and learn to be comfortable receiving support and care from people outside of their family. Guests are provided enriching life experiences in the community as well as the opportunity to develop and maintain friendships with peers.

The Respite Inn welcomes visitors with specially trained staff capable of responding to the individual needs of every guest.

<https://therespitenn.org>

Liaison: Carleen Carns



# GLOBAL HEALTH

## GAIA GLOBAL HEALTH

Despite a record-breaking cyclone, the largest natural disaster Malawi has experienced in its recorded history, GAIA continues to fulfill Bill Rankin's and Charles Wilson's vision. Begun in 2000, to address the Aids crisis in Malawi, GAIA now addresses and is impacting not only Aids, but is building a workforce to address today's needs and tomorrow's, with:

- Nursing Scholars Program, supporting 236 scholars across the nations, serving local health posts and hospitals across Malawi.
- Mobil Health Clinic Program serving 35 sites across 3 districts, providing 222.104 client visits, all within an hour's walk.
- Ana Patsagoio Program (Children First) serving 8,142 children living with HIV by supplying them with life-saving anti-retroviral therapy.



<https://www.gaiaglobalhealth.org/>

Liaison: Peg Miller

# EVENTS

## RISE AGAINST HUNGER



Rise Against Hunger is an international hunger relief agency that has been working to end hunger since 1998. Their mission is to provide food and aid to people in need around the world and respond to disasters. St. Timothy's supports Rise Against

Hunger by hosting an annual meal packaging event in our Parish Hall. Rise Against Hunger brings supplies and equipment, we provide the volunteer workers and donations.

In one fast-paced morning, over 80 volunteers package up to 20,000 meals through an assembly-line process to create fortified, shelf-stable meals that are distributed to areas of food insecurity around the world. Volunteers of all ages are welcome. We have a job for

everyone! The Meal Packaging Event is a fun, hands-on way to help those suffering from hunger.

<https://www.riseagainsthunger.org/>

Liaison: Joann Oliver



## EVENTS (CONT.)

### WINTER NIGHTS SHELTER



Winter Nights Family Shelter is a rotating homeless shelter that uses the facilities and helping hands of over 20 faith organizations to provide shelter for homeless families from October through June. Those served by the program move every two weeks from one congregation to the next during this period. The program serves those most at risk in the cold weather: families with children. St. Timothy's has hosted Winter Nights families in our Parish Hall since 2005. For two weeks each year, we provide meals, showers, homework help and space for play and relaxation. Transportation, counseling and other services are provided by the Winter Nights program. The mission of the program is to break the cycle of homelessness and move families toward self-sufficiency and stable housing.

Thank you, St. Timothy's, for supporting so many families over the years.

<https://cccwinternights.org/>  
Liaison: Joann Oliver

### ADOPT-A-FAMILY BIKES

In 2001, Helen Coleman repaired the first used bikes we received to be given to clients of Monument Crisis Center (part of their Adopt-a-Family holiday program). In 2002 we did a bike drive at Baldwin Elementary and a dad stepped in to help fix up the 35 bikes. The next year it was 75. From that point on, AAFB (operating under the 501 c 3 of St. Timothy's) became a holiday season program with volunteers and donations coming from the local community. Initially the program was run at St. Timothy's but as it grew, it moved out into donated space; a new location each year.

AAFB has been able to fund operations with donations from the community. Bike parts, helmets and locks are the main expenses. St. Timothy's provides much needed bookkeeping to process donations and pay expenses, stores all the parts and supplies, and provides use of the copiers for receipts, flyers, and bike tags. In 2022 AAFB distributed over 301 bikes to local Title 1 schools, non-profits, and through social workers in our own school district.



**Adopt-A-Family Bikes**

est. 2002



<https://sites.google.com/site/adoptfamilybikes/welcome>  
Liaison: Tania Hansen De Young

## EVENTS (CONT. )

### BACKPACK DRIVE



#### **13<sup>th</sup> Annual Backpack Drive**

**HOPE  
SOLUTIONS**

***Ends SUNDAY JULY 23<sup>rd</sup>, 2023  
TWO MORE WEEKS!***

With your support, we will provide backpacks filled with much-needed school supplies to help give them the tools and confidence needed for a successful '23-2 school year. The demand for backpacks has increased to 600 this year which will be used at 4 afterschool locations.

***Thank you so much for considering a donation that will help us bring smiles and empower self-worth to the youth we serve.***

**ON-LINE donation of funds - Once again the drive at Saint Timothy's will be only ON-LINE.** Click on <https://www.hopesolutions.org/volunteer/summer/> and the back drive info is the second one down. There is a green link there where you can donate funds to Hope Solutions through Paypal (there is a small fee) for them to use for backpacks and school supplies. They are not using the prefilled backpack supplier from last year. The average value of the high school backpack is \$75 and the average value of the lower grade backpack is \$50 if that helps use it as a guide. Our weekly announcements on-line have much more information.

You may also donate by writing a check to HOPE SOLUTIONS, not St. Timothy's, and memo it "Backpack Drive, St. Timothy's." Hand these to Leslie after the services on Sundays.

<https://www.hopesolutions.org/2021-backpack-drive/>  
Liaison: Leslie Firth

### OTHER EVENTS

Fruits of the Harvest  
Clothing Drive for Trinity Center  
Gary Hunt Produce Project  
Christmas Food Boxes

# VESTRY MEETING HIGHLIGHTS

The Vestry met on Wednesday, June 21, 2023, at 6:30pm in the Conference Room in Grace House.

## MOTIONS:

The minutes of the May 17<sup>th</sup> regular Vestry Meeting, the treasurer's report, rector's report, and several vestry commission reports were approved as submitted.

## PROPERTY:

- Replacement of Grace House roof, and music room deck are needed. Quotes will be obtained followed by further discussion.
- Installation of bell tower controller project is continuing.

## NOAH'S ARK PRESCHOOL

- Four new students have enrolled in the 2023-2024 school year. The school is seeking additional students.

## OUTREACH (Upcoming Events)

- Hope Solutions backpack drive
- FOTH fundraiser is scheduled for September 9th

Parish members are welcome to attend vestry Meetings. The next meeting is on Wednesday, August 16, 2023, at 6:30 in the Conference Room in Grace House. The minutes of the Vestry meeting will be filed in the Parish Office after they are approved by the Vestry.  
Submitted by Kris Manning, Vestry Clerk

# CONTACT US

## **The Rev. Todd Bryant** - Rector

(925) 837-4993 x114

Rector@SaintTimothysDanville.org

## **The Rev. Susan Geissler-O'Neil** -

Associate Rector

(925) 837-4993 x113

Sgeissleroneil@SaintTimothysDanville.org

## **Myles Ellis** - Director of Music

(925) 837-4993 x115

MusicDir@SaintTimothysDanville.org

## **Shipra Rastogi** - Preschool Director

(925) 362-8565

NoahsArk@SaintTimothysDanville.org

## **Bev Matsunaga** - Facilities (Volunteer)

(925) 837-4993 x111

Facilities@SaintTimothysDanville.org

## **Steve Zimmerman** - Bookkeeper

(925) 837-4993 x116

Bookkeeper@StTimothysDanville.org

## **Dick Firth** - Treasurer (Volunteer)

(925) 837-4993 x117

Treasurer@StTimothysDanville.org

## **Kimberly Bryant** - Parish Administrator

(925) 837-4993 x110

Parish@StTimothysDanville.org

## **Carleen Carns** - Pledge Secretary (Volunteer)

Pledges@StTimothysDanville.org