

TIDINGS



February 2024 - Lent

Newsletter of St. Timothy's Episcopal Church Danville, CA

Happy Almost Valentine's Day / Ash Wednesday.

I am looking forward to walking the way of Jesus from Lent to Easter with you. We're Episcopalians so we follow all the patterns of Lent, Holy Week and Easter. I want to highlight a few outside the regular pattern: We will have a midweek Eucharist during Lent. Maundy Thursday will not only have hand washing, but also the old school option of foot washing. Also, we will have a Lenten series on Sundays after 10am worship to include adults and youth. I am especially happy that the adult side will include some of our "funnest" people to lead a group on different ways to engage spirituality: Eco-spirituality, Indigenous spirituality, art as prayer, and singing as prayer. List below. So take a look and jump in.

<https://www.sainttimothysdanville.org/ashes-to-easter.html> for now until Easter

Ash Wednesday

February 14th

12pm (livestream) & 7pm

Imposition of ashes and communion

Lenten Mid-week Bible Study & Eucharist

Wednesdays of Lent,

Bible Study at 10:30am

Eucharist at 12pm

Lenten Sundays

February 18th, 25th, March 3rd, 10th, 17th

Adult and youth formation, various subjects, 11:15am

Church and Parish Hall

Adult schedule

- | | |
|---------------|--|
| February 18th | - Aaron Wright (Director of Bishop's Ranch): Spirituality of silence |
| February 25th | - Gloria Rousseau: Indigenous spirituality |
| March 3rd | - Myles Ellis: Singing spirituality |
| March 10th | - Dimitri Kooovshinoff: My life in music, education and art |
| March 17th | - Kathy Wills: Spirituality and inspiration in art |

Scout Sunday, February 25th

at both services

The Stations of the Cross

February 16th, 23rd, March 1st, 8th, 15th, 22nd

Every Friday in Lent at 12pm

& March 29th (Good Friday 1pm)



A PRAYER FOR REST & THE GOOD NEWS OF A GREAT JOY



Lent brings new beginnings, reframing, and rethinking where we are in ourselves, in our relationships with others and in our relationship with God. Lent is also about letting go of those things that cause us to stumble in our relationship with others and with God. We know that they are all related, so how do we begin? Jesus began in the Gospel of Mark with an encounter with God in his Baptism by John and taking time to enter the wilderness. Forty days and forty nights in scripture means a long time; our wilderness experiences vary in place and time. What is your wilderness now? Jesus called upon the God who was with him and brought him out of the wilderness to teach, heal and serve God's people. Along the way he would take time out to be alone, to be with his friends, and to pray. Do we?

Ash Wednesday, in the liturgical life of the church begins a discipline of looking inward personally and as a community of faith, or a discipline of the examen. A cross of ashes reminds us life is precious and that we are mortal, “from stardust you were born and to stardust you will return.” Today is the moment. Mary Oliver's poem and the line “this one precious life”—pushes against our tendency do what we have always done and our tendency to distract ourselves from the hard work and delight of Loving more deeply. “I came that they may have life and have it abundantly” *John 10:10*. We cannot forget our woundedness, our sorrows, our disappointments, or our hopes, but embracing them in Christ, changes us and the world around us.

This Lent I pray we can make an appointment with ourselves to meet God where we are. Giving ourselves permission to just *rest* can be holy work. Even Jesus fell asleep while the disciples rowed across the Sea of Galilee. Jesus went up on the mountain to pray, prayed alone in the garden, sometimes he celebrated with friends, and sometimes he just slipped away from the demanding crowds who wanted more healing, more teaching or more conflict. We too need to find time to slip away and find time to re-remember God's love presence and the power of Christ to bring a new awareness to the preciousness of life. Lenten practices and disciplines can offer us opportunities to see ourselves as God sees us as we walk, deepening our faith and our Love of all around us through prayer, study, worship, and rest. Choose something simple to do.

Richard Rohr wants us to “pray to desire to desire.” “You are the desiring of God. God desires through you and longs for Life and Love through you and in you. Allow it, speak it,

and you will find your place in the universe of things.”

When we are weary, it is hard to imagine doing more. This Lent I invite us to think not about doing more but about doing less, and slipping away from the crowded parts of minds and our hearts and remembering God is with us wherever we are. Jesus walks with us to that quiet place so we can rest deeply and walk quietly--and perhaps in prayer or worship find ourselves awakened to new Life. When the heart burns with desire we also find in our rekindled passions that we can indeed heal and teach and Love as Christ Loves us in this broken, fractured world that needs God’s Love as we bring it in our unique style.



Susan+

PANCAKE SUPPER

Mardi Gras Pancake Supper Tuesday, February 13th!

Take a break from cooking dinner (and doing dishes!) and join us for a Mardi Gras Pancake Supper. Our scout troop from St. Timothy’s will be preparing and serving some delicious pancakes for all to enjoy, so please come and join us Tuesday night in the Parish Hall.

\$5 suggested donation (cash, check or Venmo - @StTimothys-Church, 4 digit code is 8503)

Sign up is NOT required, but very helpful...
so even if you don't sign up and can come, please do!

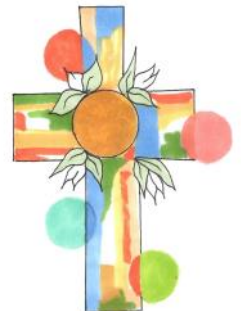
To sign up, click [HERE](#) or go to the St. Timothy’s website (www.sainttimothysdanville.org)



LENTEN LECTIONARIES ARE READY!

You may pick up a copy at church on Sunday, February 11 or on Ash Wednesday (February 14). If you would prefer to read your copy electronically, you may download it from our website or click [HERE](#) to view.

Please call or send an email to those whose writings helped you to further your Lenten Journey. They really appreciate knowing that someone enjoyed or learned from their contribution.



LENT CHILDREN'S WORSHIP

During Lent, we will take time to talk about the stories of Lent as they move toward Easter and use a special Lent Calendar for children with activities for every day. We will learn more about prayer and explore ways to pray at home and in church. Children will join their families at the time of the Peace.

Have you taken home a children's bulletin and looked at scripture together at home?



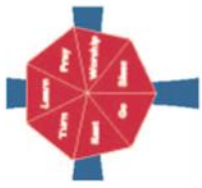
LENTEN PROGRAM FOR YOUTH

During Lent, during the 10:00am service, our youth will leave church before the final hymn, grab a snack in the Parish Hall, and meet in our new Youth room for a Lenten program. We will think about stories from scripture and how they relate to us now in the study "God is Still With Us," a multimedia study. In church, adults will be participating in Adult Formation after they have visited for a moment and picked up a cup of tea or coffee. Afterwards, youth will join the adults in church.



LENTEN PRACTICES

Do you use Day by Day during Lent? Are you reading our Lenten Lectionary authored by members of Saint Timothy's? Perhaps a single response from the Way of Love in the format of an Advent calendar will work for you. Take a little time to read learn, pray, turn, bless, and go, and worship with us during Lent. See next page or check out the on-line version of some ideas to be present to God's Love this Lent.



Life Transformed: The Way of Love in Lent

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		Feb 14 Pray Take 20 minutes in contemplative prayer today. Matt. 4:18-22	15 Turn Today, intentionally listen devoutly to another person. Mk. 4:23	16 Go Where can you go and intentionally provide kindness? Matt. 5:4	17 Worship How does community help or hinder your growing in Christ? Jn. 1:12-13	18 1st Sunday of Lent
19 Bless Who has taught you to live a Jesus-filled life? Who have you taught? 2 Cor. 4:16	20 Rest How do you incorporate rest into your life? Jer. 6:16	21 Pray Go for a walk today and pray with your feet, each step with intention. Is. 2:3a	22 Rule of Life How do others experience the love of Christ you bring? Gal. 5:22-23	23 Go Where are you being encouraged to "show up"? Matt. 25:44-45	24 Worship What is most meaningful to you in worship? BCP, pg. 281	25 2nd Sunday of Lent
26 Bless Notice the pattern of your breathing. Pray for awareness of blessings. Gen. 2:7	27 Learn What passage of scripture is important to you? Why? Is. 40:8	28 Pray Listen to the Daily Office today at missionstclare.com. Ps. 55:17	29 Turn How did you turn back toward God's love when you made a big mistake? Lk. 15:18	Mar 1 Go Where can you seek and serve Christ in someone unlike you? Jer. 30:22, 31:4-5	2 Worship In your prayers today, what new words or thoughts touch you? Phil. 4:6	3 3rd Sunday of Lent
4 Bless Intentionally smile at least ten times today. Phil. 4:4	5 Rest How might you connect with others in the spirit of renewal? 1 Kings 19:11-12	6 Rule of Life How can you build pauses into the day to reflect on the work of the Spirit? Jn. 15:5	7 Turn What relationships do you need to mend? Is. 55:6-8	8 Go Create a prayer representing how you seek to serve God and follow Jesus. Matt. 5:15	9 Worship What seminal moments have informed a need to return to Christ? Ps. 51:10	10 4th Sunday of Lent
11 Bless What challenges are you facing today? Job 1:18	12 Learn How is the Jesus who walked the earth beckoning you to meet him? Mk. 10:46-52	13 Pray Try praying with Anglican prayer beads. Lk. 18:1	14 Turn Where do you find joy and passion? Lk. 24:32	15 Go Where might God be asking you to take your great love into the world? Is. 48:6b	16 Worship How do you want to prepare people to remember you? 2 Cor. 1:3-4	17 5th Sunday of Lent
18 Bless When you reflect on financial giving, are your palms open? Matt. 12:43-44	19 Learn Who might you have a conversation with to learn about God? Ps. 119:105	20 Pray What are you thankful for? 1 Chron. 29:15	21 Way of Love Where do you see the seven practices of the Way of Love in this story? Lk. 5:19	22 Rest How do your creative outlets impact on taking rest? Gen. 1:1-24	23 Learn Practice lectio divina with this scripture: Lk. 15:17-24	24 Palm Sunday
25 Rest What can you say "no" to so you can say "yes" to prayer, rest, and joy? Lev. 23:3	26 Learn Slowly read this passage aloud. How does this passage speak to the world today? Matt. 4:8-22	27 Rule of Life Who can support you in living a Jesus-centered life? 2 Cor. 3:6	28 Turn How might you share what brings you great joy with others? Rom. 12:6-8	29 Rest How can you incorporate rest from technology today? Matt. 11:28	30 Rule of Life How has this Way with God impacted your experience of God? Jn. 7:38	31 Easter Day

LENTEN BIBLE STUDY

Wednesdays at 11:00am (February 21st - March 27th)

During Lent, we will meet in-person and on-line hybrid for Bible Study reflecting on the theme Covenant in Scripture. Join us in Grace House Wednesdays at 11:00am.

Then stay for Eucharist in the Church with healing prayers. (Offered during Lent)

LITURGICAL ART HELPERS NEEDED

Changing of the Seasons



Lent is right around the corner, followed 40 days later by **Holy Week**, and then on to glorious **Easter**.

Saturday, March 23rd, 2 people are needed to help at 10:30am to create an arrangement of small palms under the cross, and then I'll need 1 person to help dismantle the palms on

Sunday the 24th and put up an arrangement under the cross for Holy Week.

Saturday morning March 30 at 10:30am, (for EASTER SUNDAY on March 31st) a group of about 5 volunteers are needed to remove the "Crown of Thorns" banner and install the "Crown of New Life" banner with ribbons. (big ladder needed)

Please let Leslie F know if you can help with the liturgical art to beautify the space and enhance your worship experience. lesliefirth@comcast.net Thank you! - Leslie F

EARTH-FEST



SAVE THE DATE!

Earth-Fest with I-SRV: **April 21st, 12:30-4:30pm**

CONFIDENTIAL PRAYERS

Do you or a loved one need prayers? Please send a prayer request to prayers@SaintTimothysDanville.org. We will forward your request to a dedicated group of pray-ers who will pray for you mindfully for 2 weeks. If it is a long term situation, just let us know and we will continue to pray. Questions? Contact Patti F farrisintheland@yahoo.com or Helen C colemanhelen@pacbell.net

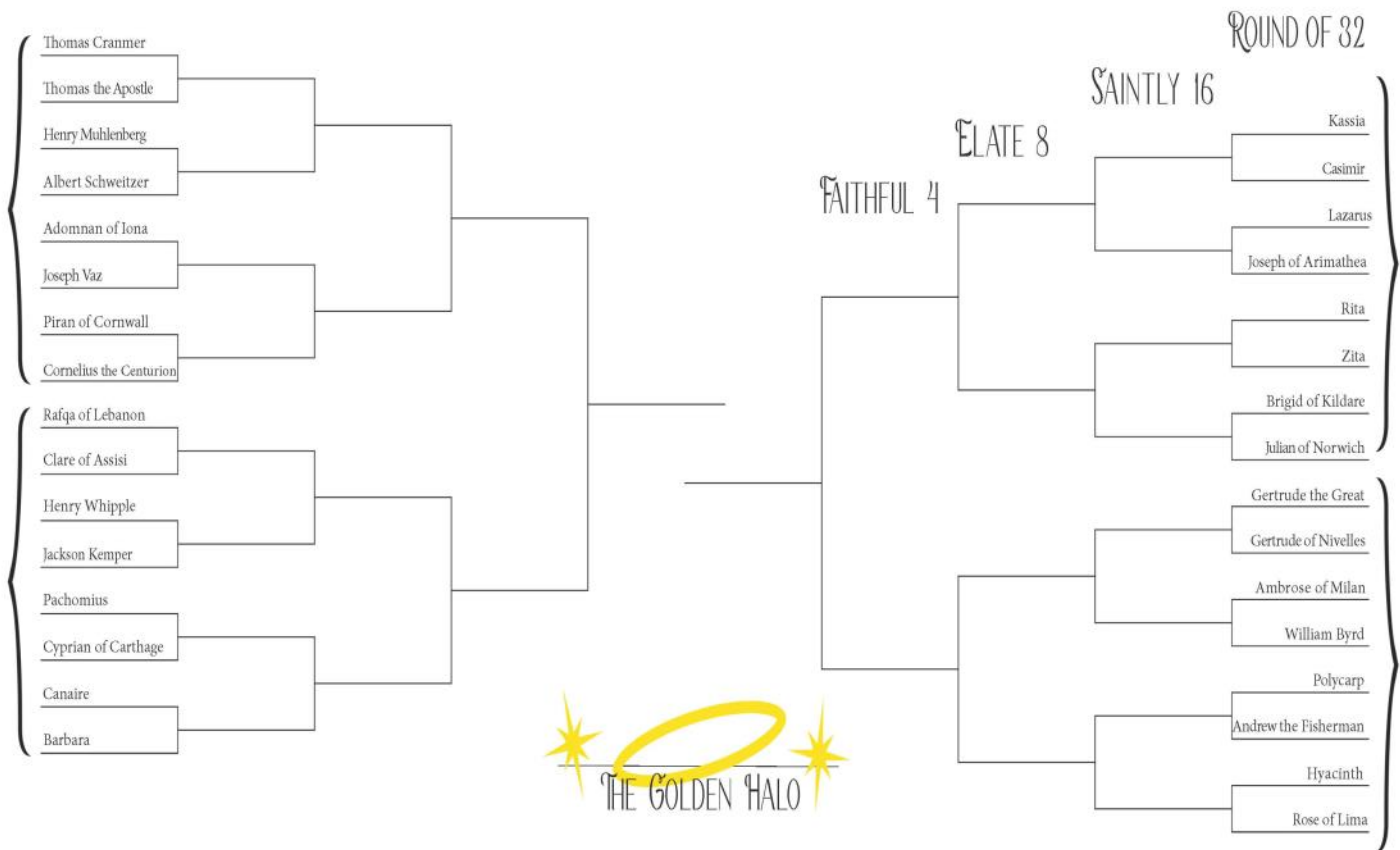
LENT MADNESS

WHO WILL WIN THE GOLDEN HALO?

Learn about this year's saints!

Who is Andrew the Fisherman and Gertrude the Great? What is Lent Madness? You may vote to choose which saint this year is the favorite with bracket style voting. You may subscribe to Forward Movement to vote during Lent Madness.

Click [HERE](#) for more information and to view the "2024 Digital Saintly Scorecard: The Definite Guide to Lent Madness 2024".



CALLING ALL SCOUTS!

Cub Scouts, Brownies, Girl Scouts, BSA Scouts, Webelos, and Adult Scouters and Leaders! Join us on Sunday, February 25th for the 10 AM service on Scout Sunday! We want to celebrate all our hard-working scouts. We will have a variety of jobs available. The scouts will also be hosting the coffee hour after the service. Please come in uniform and email Mrs. K. at (Debbie.koteskey@gmail.com) if you would like one of the jobs at the service or have any questions.



WINTER NIGHTS FAMILY SHELTER

Thank you!

With the help of St. Timothy's and Beth Chaim volunteers, the Parish Hall was transformed into a family shelter. Thank you to all the volunteers, to the overnight heroes, generous donors, Sara Bossatti for laundry, Bev Matsunaga for facilities help, and the congregation for providing your loving support to these families during a time of crisis.





**THANK YOU
VOLUNTEERS!**

SHARE THE WARMTH

Collection of items to benefit Loaves and Fishes & Options Recovery Center toiletries drive

Thank you, St. Timothy's. We collected a large number socks and items that were sorted by great volunteers: Sally P, Gable C-H, Trudy M, Patti F, Jane B, and Teresa, Izzy and Mateo C-K. It was all done in record time, and the bags were heaped on two rolling carts.



Fun Fact: Options needed the toiletries for their client's Christmas bags, and they offered to bring us socks in exchange for the toiletries. They showed up with a bag of 92 pairs of Bombas socks in return for 6 bags of toiletries. Bombas donated crates of socks to Options with their "You buy a pair –We donate a pair" program, and these are premium socks. In addition, you all donated 187 pairs of socks, so Loaves and Fishes was knee deep in socks. There were sweat shirts, jackets, sweaters, thermal sleepwear, scarves, knit hats, baseball caps, 1 sleeping bag, and highly appreciated, were the 52 thermal blankets and 13 rain ponchos.

We delivered all this to Loaves and Fishes in Martinez on January 22, where our group of eight volunteers started serving again after a 3 year hiatus due to Covid. We missed being there, and they are more efficient than ever in the way we served food and distributed groceries. It's great to be back! The volunteer coordinator told us as we were leaving that she had already notified the other 4 dining rooms (Antioch, Martinez, Oakley, Pittsburg, and Trinity Center in Walnut Creek) who were putting in their requests for the items. Next year's request?... Underwear!

COLLEGE CARE PACKAGES



Thank you to everyone who donated items / money for the college care packages. A special thank you to our bakers who made homemade goodies. We love spoiling our college students and want them to know they are not forgotten! Boxes were shipped on Tuesday, February 6th and supposed to arrive as a surprise on the 8th and 9th... just in time for Super Bowl!

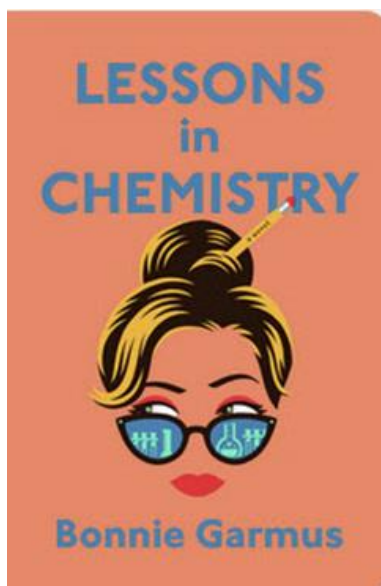
See more photos on the next page...



FEBRUARY BOOK GROUP

February 18th

Join the members of the St. Timothy's book group on Sunday, February 18 at 12:15pm in the Overby Library of Grace House to discuss ***Lessons in Chemistry*** by Bonnie Garmus.



Chemist Elizabeth Zott is not your average woman. In fact, Elizabeth Zott would be the first to point out that there is no such thing as an average woman. But it's the early 1960's and her all-male team at Hastings Research Institute takes a very unscientific view of equality. Except for one: Calvin Evans; the lonely, brilliant, Nobel-prize nominated grudge-holder who falls in love with—of all things—her mind. True chemistry results.

But like science, life is unpredictable. Which is why a few years later Elizabeth Zott finds herself not only a single mother, but the reluctant star of America's most beloved cooking show *Supper at Six*. Elizabeth's unusual approach to cooking ("combine one tablespoon acetic acid with a pinch of sodium chloride") proves revolutionary. But as her following grows, not everyone is happy. Because as it turns out, Elizabeth Zott isn't just teaching women to cook. She's daring them to change the status quo.

Laugh-out-loud funny, shrewdly observant, and studded with a dazzling cast of supporting characters, *Lessons in Chemistry* is as original and vibrant as its protagonist.

Are you watching the show on Apple TV+

<https://www.youtube.com/watch?v=-1PuK8mxASE>

Do you like it? Do you hate it? How does it compare to the book.

Come join us and talk about it. Questions – contact Sally P at sallyspotts@gmail.com

CHILDREN, YOUTH & FAMILIES

CELEBRATING THE NEW YOUTH ROOM!

Middle school and high school families met for pizza and fun for the official opening of the new youth room.



Young People's Time



We had a special presentation on Epiphany with three wiseman and a star.



MORE PHOTOS!

Stitching Group made pillowcases for our guests at Winter Nights Family Shelter

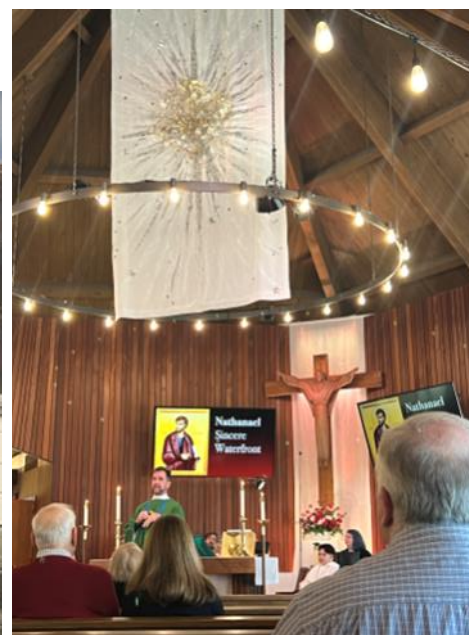


New Paschal Candle by our artist Kathy W

FOTH thank you note writing



Diocese of California Executive Council at Bishop's Ranch



ST. DOROTHY'S REST SUMMER CAMP

Ankle Biters Camp

June 21-23, 2024 | \$650-\$850

(Incl. Parent & Child) - (Ages 5-7)

Enjoy the camp experience with your younger camper. Together, you will enjoy the beauty and peace of "getting away".

This weekend will include hiking, arts & crafts, chapel, swimming, and campfires. Built into the weekend are times to participate in activities with your camper, as well as some much-needed parent quiet times for rest and reflection.



Mini Camp

June 23-26, 2024 | \$500-\$600 a la carte; \$400-\$500 ABC add-on— (Ages 6-8)

Are you new to sleep-away camp? Nervous about sending your little out for a whole week? Mini Camp is perfect for you! Join us for an abridged (3 day) week of camp,

Teen Adventure Week

July 1-6 & July 6-11, 2024

\$800-\$1200 single session; \$1600-\$2200 double session

(Ages 13-15) Teen Adventure Week is truly a unique camp experience that focuses on developing leadership skills, spirituality, worship and community. Campers participate in service projects as well as overnight camping trips. We take camp outside our walls to serve the surrounding community in outreach work.

Russian River Adventures

Session I: **July 14-19, 2024**

Session II: **July 28 - Aug 2, 2024**

\$800-\$1200 - sliding scale

(Ages 8-12) Fill your week with canoeing on the Russian River, arts & crafts, theater, archery, swimming, hiking and fun-filled chapel times. The week culminates with the Woods-to-Waves 10.5-mile hike to the Pacific Ocean!

Counselor-In-Training Program

Offered to campers ages 15+ during Teen Adventure Week sessions.

(Ages 15+) Ever wonder what it is like to be a camp counselor at St. Dorothy's? The Counselor-In-Training (CIT) program provides participants with the opportunity to learn about the day-to-day running of camp, leadership styles, working with youth and peers.

For more information, see www.stdorothysrest.org/camp

To register, click [HERE](#).

BISHOP'S RANCH SUMMER CAMP

2024 Summer Camp Dates:

June 23 – June 28	BREAD Explorers
June 30 – July 5	Intergenerational Camp
July 21 – July 26	BREAD Adventurers / Discoverers



Intergenerational Camp

All are welcome to this new (yet familiar) camp for families of all shapes and sizes. We will gather for a week of games, social activities, crafts, worship, and more.

BREAD Camp

BREAD Camp is a great place to discover community, spirituality and learn more about yourself. Campers spend mornings exploring spirituality through activities, conversation, and small group discussions. Afternoons are filled with lots of fun including swimming, arts and crafts, hiking and other elective activities. Evenings are filled with fun games, campfires, compline and a few surprises! Lots of music fills each day.

BREAD: Explorers – entering grades 10, 11, 12 & just graduated

BREAD: Adventurers – entering grades 7, 8, & 9

BREAD: Discoverers – entering grades 4, 5, & 6

For more information, see www.bishopsranch.org/events/camps/

To register, click [HERE](#).

VESTRY HIGHLIGHTS

January 24, 2024

The Vestry met on Wednesday, January 24, 2024, at 6:30pm in the Conference Room.

MOTIONS:

- The Vestry unanimously approved the December Vestry meeting minutes, the reports and documents submitted by the treasurer, and several submitted rector and commission reports submitted prior to the meeting.
- The Vestry unanimously approved the 2024 budget
- The Vestry unanimously approved to decrease the Governance body of the vestry to 9 members.

PARISH FINANCES:

Financial Summary for 12 Months, 2023

	12-month Actual	12-month Budget
Total Income	\$743,094	\$720,039
Total Expenses	<u>\$821,440</u>	<u>\$796,783</u>
Net Operating Income	(\$78,347)	(\$76,744)

VESTRY CANDIDATES

- Teresa Kim
- Eric Parnell
- John Yow

Parish members are encouraged to attend the Annual Meeting on February 4th.

The minutes of the Vestry meeting will be filed in the Parish Office after they are approved by the Vestry.

Submitted by Kris M, Vestry Clerk

*Our vestry candidates were confirmed at Annual Meeting.

CONTACT US

The Rev. Todd Bryant - Rector
(925) 837-4993 x114
Rector@SaintTimothysDanville.org

The Rev. Susan Geissler-O'Neil -
Associate Rector
(925) 837-4993 x113
Sgeissleroneil@SaintTimothysDanville.org

Myles Ellis - Director of Music
(925) 837-4993 x115
MusicDir@SaintTimothysDanville.org

Shipra Rastogi - Preschool Director
(925) 362-8565
NoahsArk@SaintTimothysDanville.org

Bev Matsunaga - Facilities (Volunteer)
(925) 837-4993 x111
Facilities@SaintTimothysDanville.org

Steve Zimmerman - Bookkeeper
(925) 837-4993 x116
Bookkeeper@SaintTimothysDanville.org

Dick Firth - Treasurer (Volunteer)
(925) 837-4993 x117
Treasurer@SaintTimothysDanville.org

Kimberly Bryant - Parish Administrator
(925) 837-4993 x110
Parish@SaintTimothysDanville.org

Carleen Carns - Pledge Secretary
(Volunteer)
Pledges@SaintTimothysDanville.org