

## St Timothy's Church – Christmas Food Boxes - 2017

Dear Christmas Food Box Supporter,

Thank you for participating in the 2017 Christmas Food Box (formerly Adopt-A-Family) program with Monument Crisis Center (MCC). With your help we can make Christmas a time of joy for more than 200 families who are clients of MCC in Concord. The following should answer the common questions.

<b>When do I bring my boxes to church?</b>	<b>Sunday, November 26:</b> <b>8:30 am – 12:30 pm</b>
	<b>Wed, Thurs or Fri – Nov. 29, 30, Dec 1:</b> <b>4:00 – 7:00 pm</b>
	<b>Saturday, December 2:</b> <b>8:00 – 10:30 am</b>
<b>When will the food go to MCC?</b>	<b>Saturday Dec. 2 – 11:00 am</b>

### **What if I can't lift my filled box?**

Please purchase the food and bring it to church in a couple of bags, we will seal your box and help you pack it. **DON'T STRAIN YOUR BACK!** We have carts to get the groceries in and volunteers to pack.

### **How can I help? Volunteer to:**

- Sign up others on Sundays in November
- Come fill bags with rice and with beans on Sunday, November 19.
- Come help with "Fill-My-Box" on Saturday, November 25 at the Safeway in Alamo – 9:00 am
- Help receive and check in boxes
- Recruit your friends & neighbors

### **What if I can't shop, fill and transport a box of groceries?**

For a donation of **\$63 per box**, we will shop and fill a box for you. "Fill-My-Box" participants must sign up by Sunday, November 19th and give us the money ahead of time. We will fill a maximum of 100 boxes.

### **Why do we collect \$23 for each box?**

\$1 of that cost pays for the box. \$2 purchases the rice and beans that will be bagged at church on Sunday, November 19<sup>th</sup> and added all the boxes. The other \$20 buys 2 \$10 food cards from Food Maxx. The committee will buy those and MCC has asked for them to be given directly to the MCC staff who will distribute them directly to the client when they check in. That avoids them getting "lost"! Food Max has cards that cannot be used for alcohol or tobacco and the store is close to most MCC clients.

### **Is my donation tax-deductible?**

Yes, the Tax ID number is on the food list along with the name and the address of Monument Crisis Center. We can also give you a separate receipt for tax purposes.

### **Why such a small box and such a specific size?**

Monument Crisis Center gives us a food list and we worked out what size box would work and a size that we could purchase in bulk. This had the happy result of making it MUCH EASIER to transport the boxes, store them and distribute. Our program was such a success that MCC has rolled it out to other!

### **Can we decorate the box?**

Yes, but on the sides only with markers, crayons and stickers and remember that the boxes will be moved and stacked several times.

### **Why are we doing food boxes instead of purchasing and wrapping presents as we did before 2011?**

In 2010, Monument Crisis Center found that they had to have a lottery to identify those families who would receive presents. There were so many families and fewer donors! So, in 2011, they proposed changing to boxes of food and the change was a success! More families were helped! No more lottery!

**QUESTIONS? Call or email Sally Shea Potts at [sallyspotts@gmail.com](mailto:sallyspotts@gmail.com) or 925-785-9823.**



## ***St Timothy's Episcopal Church Christmas Food Box 2017***

*Please just buy the items on this list. Boxes need to be able to close so they can be stacked.*

- 3 packages of pasta (1 pound each)
- 2 boxes macaroni and cheese (7 – 10 oz.)
- 3 cans tomato (sauce, diced, whole) (14 – 16 oz.)
- 2 canned meals (chili, ravioli, etc.) (14 – 19 oz.)
- 2 cans soup (8 – 16 oz.)
- 1 box instant mashed potatoes (12-26 oz. – no bigger than the cereal)
- 1 bag/box stuffing mix (12-16 oz.)
- 1 pkg gravy mix
- 3 cans vegetables (14 – 16 oz.)
- 1 can beans (14 – 16 oz.)
- 2 cans tuna (5 – 6 oz.)
- 2 cans applesauce or other fruit (14 – 16 oz.)
- 2 baking items (cake, corn bread, muffin mixes, etc.)
- 1 PLASTIC jar vegetable oil (8 – 16 oz.)
- 1 box cereal (12-16 oz.)
- 1 PLASTIC jar of peanut butter (12 - 16 oz.)
- 1 can cranberry sauce (10 – 16 oz.)
- 1 box Hot Cocoa Packets
- Seasonal greeting card – signed from your family or “Your friends at St. Timothy’s”

- Do's**
- ***Optional: Decorate with Christmas cards, crayons, markers, stickers; no wrap paper***
  - ***If you can't lift the box, bring the food to church in bags and pack the box there.***
- Don'ts:**
- ***Do not seal the box – we will add rice and beans***
  - ***Do not include fresh food***
  - ***Do not include GLASS containers, CANDY or TOYS***

**Questions: Send email to [sallyspotts@gmail.com](mailto:sallyspotts@gmail.com) or call 925-785-9823**

## **2017 CHRISTMAS FOOD BOXES SCHEDULE**

**Sign Ups**      **Sundays – November 5, 12, 19, 26**

**Signups**      **Last day – Sunday, November 19**  
**Fill My Box**

**Fill My Box**      **Saturday, November 25, 9:00 am**  
**Safeway - Alamo**

**Bring**      **Sunday, November 26 - morning**  
**Filled**      **Wednesday, November 29 – 3-7 pm**  
**Boxes to**      **Thursday,      November 30 – 3-7 pm**  
**Church**      **Friday,      December 1 – 3-7 pm**  
**Sat. December 2 – 8:30–10:30 am**

**Transport**  
**Boxes to**      **Saturday, December 2 – 11:00 am**  
**Monument**  
**Crisis**  
**Center**